

# University of Rajasthan Jaipur

# **SYLLABUS**

# M.A./M.Sc. PSYCHOLOGY

(Annual Scheme)

M.Sc. (Previous) Examination 2022

M.Sc. (Final) Examination 2023

Dy. Registrar

(Academic)

University of Rajusthan

JAIPUR

# M.A./M.Sc. Psychology (Annual Scheme)

# **Syllabus**

# M.A. / M.Sc. Previous (Annual Scheme)

paper-I: Systems and Theories of Psychology

Paper-II: Cognitive Psychology

Paper-III: Physiological Psychology

Paper-IV: Statistics and Research Methods

Paper-V: Practicals/Experiments

# M.A. / M.Sc. Final (Annual Scheme) Compulsory Papers (Two):

Paper-I:

Applications of Psychology

Paper-II:

Social Psychology

# **Optional Papers (Two)**

Group-A:CLINICAL .

# M.A./ M.Sc. Previous (Annual Scheme) Paper-I:

# Systems and Theories of Psychology

#### Section-A

- 1. Psychological Foundations: Pre-scientific Psychology Wundt, Helmholtz, Weber, Fechner, Galton, Binet, William James, Ebbinghaus.
- 2. Structuralism and Functionalism: Tichener, William James, Galton and Cattell.
- 3. Gestalt Psychology: Wertheimer, Kohler and Koffka.

#### Section-B

- 4. Psycho-analysis: Freud, Jung and Adler.
- 5. Post Psycho-analysis: Horney, Fromm, Sullivan and Erikson.
- 6. Humanistic Psychology: Maslow and Rogers.

### Section-C

- 7. Behaviourism: Watson, Hebb, Lashley and Pavlov.
- 8. Neo-Behaviourism: Guthrie, Hull, Skinner and Tolman
- 9. Dynamic and Cognitive Psychology: Mc Dougoll and Woodworth; Piaget and Chornsky.

- Ass Recommended: B.R. Wohama: Contemporary theories and systems of Psychology, Harper and Bors, N.Y., 1960.
  B.R. Woednewells and Shelon, M.R.: Contemporary Schools of Psychology Roand Press, NY, 1974
  Dates Schaltz: A Hinkey of Modern Psychology, Academic Press, NY, 1975
  Dates Schaltz: A Hinkey of Modern Psychology, Academic Press, NY, 1975
  Dates Schaltz: A Hinkey of Modern Psychology, Academic Press, NY, 1975
  B. Hatter and Modelpher: Their Mandel Penn of Psychology Oxford Univ. Press, 1970
  J. Fodfman and R. Frager: Personality and Pennonal Growth, Hurper and Row, NY, 1976.

# Paper-II: Cognitive Psychology Section-A

Concept, Domsins and Interdisciplinary Perspective. Research

Methods and

- Tools in Cognière Psychology.

  Cognière Development: Theoretical Perspectives: Piaget and Vygotsky.

  Neucoognière

  Development: Early Neural Development, Environment and Internitzation Studies.

  Conscionness Definition, Levels and Functione. Theories: Schachter's DICE

  Model and Banz'.

- Global Workspace Theory.

  Section-B

  Attention: Nature, Functions and Information Processing Theories.
- Perception : Meaning, Visual Perception-Top down and Bottom up Pro Models of Visual Recognition.

- Nas Recommended:

  B. Wolman. Centemporary theories and systems of Psychology, Itarper and Bors, N.Y., 1840.

  B.S. Woodnowth and Shebon, M.R. Contemporary Schools of Psychology Round Press, NY, 1974

  Dana Schaltz. A History of Medium Psychology, Academic Press, N.Y. 1975

  Dana Schaltz. A History of Medium Psychology, Academic Press, N.Y. 1975

  Dana Schaltz. A History of Medium Psychology, Academic Press, N.Y. 1975

  R. Hanter and Ids Macadipine: There Husted Young of Psychology Oxford Univ. Press, 1970.

  J. Tadliman and R. Frager: Personality and Personal Growth, Harper and Row, N.Y., 1976.

# Paper-II: Cognitive Psychology Section-A

Concept, Domains and Interdisciplinary Perspective. Research

1. Cognition: Methods and

- Tools in Cognitive Psychology.

  Cognitive Development: Theoretical Perspectives: Flaget and Vygotsky.

  Neurocognitive

  Development: Early Neural Development, Environment and Intentitation Studies

  Consciousness—Defination, Levels and Functione, Theories: Schuchter's DICE

  Model and Bank\*

# Model and Baur's Global Workspace Theory. Section-B Attention: Nature, Functions and Information Processing Theories.

- Perception : Meaning; Visual Perception-Top down and Bottom up Proce Models of Visual Recognition.

- Isa Recommended: I.B. Wolama: Contemporary theories and systems of Psychology, Harper and Burs, N.Y., 1960.
  B.R. Wolama: Contemporary Schools of Psychology Roand Press, N.Y., 1974
  Dane Schiltz: A Flinkey of Modern Psychology, Academic Press, N.Y., 1975
  Dane Schiltz: A Flinkey of Modern Psychology, Academic Press, N.Y., 1975
  Dane Schiltz: A flinkey of Modern Psychology, Academic Press, N.Y., 1975
  Bank Schiltz: A flinkey of Modern Psychology, Academic Press, 1970
  Bank Schiltz: A flinkey of Modern Psychology, Academic Press, 1970
  J. Fadiman and R. Frager: Personality and Personal Growth, Harper and Row, N.Y., 1976.
  - Paper-II:

raper-II:
Cognitive Psychology
Section-A
Correction-A
Correction-C

- Tools in Cognitive Psychology.

  Cognitive Development: Theoretical Perspectives: Piaget and Vygotsky.

  Neurocognitive

  Development: Early Neural Development, Environment and Internalization Studies.

  Consciousness—Definition, Levels and Functions; Theories: Schachter's DICE

  Model and Data? Global Workspace Theory.

# Section-B Attention: Nature, Functions and Information Processing Theories.

- Perception : Meaning; Visual Perception-Top down and Bottom up Pro Models of Visual Recognition.

- NS Recommended:

  Ill. Wolman: Contemporary theories and systems of Psychology, Harper and Burs. N.Y., 1960.

  Ill. Wolman: Contemporary Schools of Psychology Roand Press, NY, 1, 1974.

  Ill. Wolman: Contemporary Schools of Psychology Roand Press, NY, 1, 1974.

  Ill. Wolman: Contemporary Schools of Psychology, America Pseus, NY, 11975.

  Ill. Holdbridger's Sown Psychologia, Appendix Consuly: Colon, 1930.

  R. Binter and Ids Macalpins: Three Handred Years of Psychology Oxford Univ. Press, 1970.

  J. Fodiman and R. Finger: Personality and Personal Growth, Harper and Row, NY, 1976.

# Cognitive Psychology Section-A

Concept, Domains and Interdisciplinary Perspective, Research
L. Cognition: Methods and

- Tools in Cognitive Psychology.

  Cognitive Development: Theoretical Perspectives: Piaget and Vygotsky Neurocognitive
- Neurocognitive
  Development: Early Neural Development, Environment and lateralization Studies
  Consciousness Definition, Levels and Functions; Theories: Schachter's DICE
  Model and Stuar's
  - Global Workspace Theory.
  - Section-B
    Attention: Nature, Functions and Information Processing Theories.
- Perception : Meaning; Visual Perception-Top down and Bottom up Pro Models of Visual Recognition.

#### Section-C

- 7. Language Basic Principles, Speech and Spoken Word Recognition, Reading and Visual word recognition, Syntax and Semantics, Language Production.
- 8. Executive Processes Definition, Executive Attention, Switching Attention, Inhibition of Response, Sequencing and Monitoring.
- 9. Problem Solving, Reasoning and Decision Making: Nature and Structure of Problem, Problem

Space Theory, Strategies and Heuristics. Analogical Reasoning: Sub-processes and Theories;

Inductive Reasoning: Nature, General and Specific Inductions; Deductive Reasoning: Nature, Syllogism-Categorical and Conditional. Nature of Decision, Expected Utility Model, Framing Effects and Prospect Theory.

# **Books Recommended:**

- Reigler, G.R. and Reigler, B.R. (2008). Cognitive psychology. New Delhi: Pearson education.
- Solso, R.L. (2004). Cognitive psychology. New Delhi: Pearson education.
- Srinivasan, N. Kar, B.R. and Panday J. (2010). Adances in cognitive sciences. New Delhi; Sage.
- Sternberg, R.J. (2007). Cognitive psychology. New Delhi. Cengage learning.
- Smith, E.E. & Kosslyn, S.M.(2011) Cognitive Psychology: Mind and Brain, PHI Learning

# Paper-III:

# Physiological Psychology

# Section-A

- 1. Physiological basis of Behaviour : Central Nervous System, Peripheral Nervous System; Brain : Structure and Functions over the Life Span; Evolution, Maldevelopment and Behaviour Impairment; Aging and Brain.
- 2. Information Processing and Nervous System: Information Processing by Neural Circuits; Mechanisms of Excitation and Inhibition Synaptic Potential, Brain Potentials and Information Processing.

- Control of Behaviour and Motivation, Homeostatic Mechanisms, Eating and Drinking.
- 4. Brain Mechanisms and Emotion.
- 5. Neural Mechanisms of Learning and Memory.

#### Section-C

- 6. Physiological and Neurobiological Aspects of Sleep and Waking.
- 7. Hormones and Behaviour: Effects of Hormones on Learning and Memory.
- 8. Brain Impairment and Language Disorders.

# **Books Recommended:**

- C.F. Leventhal: Introduction to Physiological Psychology, Prentice Hall, N.J., 1983.
- M.R. Rosenzweig and A.R. Leiman: Physiological Psy. D.C. Health and Co. Laxinton, 1982
- C.T. Morgan: Physiological Psy, McGraw Hill, Kogakusha, Tokyo, 1965
   5 8
- M. Schartz: Physiological Psy, Prentice Hall, N.J., 1978
- S.P. Grossman: A Textbook of Physiological Psy., Wiley, New York, 1967.
- R.F. Thompson, Introd. to Physiological Psy., Harper and Row, New York, 1980
- बनारसी दास त्रिपाठी एवं अनुपम नाथ त्रिपाठी (1989) : अधुनिक दैहिक मनोविज्ञान
- वैशाली प्रकाशन बख्शीपुर, गोरखपुर

# Paper-IV:

# Statistics and Research Methodology

# Section-A

- 1. Cumulative Distribution, Graphic Methods and Percentiles; Normal Distribution: Nature of Normal Curve, Measuring Divergence from Normality, Applications of Normal Probability Curve.
- Correlation: Product Moment Correlation, Biserial, Point Biserial, Partial Correlation and Multiple Correlation, Regression and Prediction Analysis.
- 3. Significance of Mean, Difference between Means and other Statistics Mean, Standard Deviation, Percentage and Correlation Coefficient. Testing Experimental Hypothesis Chi-Square Test.

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### Section-B

- 4. Analysis of Variance: One Way and Two Way, General Uses and Limitations of Analysis of Variance.
- 5. Difference between Parametric and Non-Parametric Tests: Sign Test, Wilcoxon Matched Pairs Sign Ranks Test; Median Test; Mann Whitney U Test; Kendall Coefficient of Concordance; Friedman Two Way Analysis of Variance by Ranks.
- 6. The Language and Approach of Science: Science and Scientific Approach, Problem and Hypothesis, Constructs, Variables and Definitions.

#### Section-C

- 7. Designs of Research: Research Design: Meaning, Purposes and Principles, Research Design and Applications; Randomized Groups and Correlated Groups Design.
- 8. Types of Research: Ex-Post Facto Research, Laboratory Experiment, Field Experiments, Field Studies, Survey Research.
- 9. Methods of Data Collection : Interview Schedules; Semantic Differential Methodology, Sociometry.
- 10. Sampling and Randomness, Interpretations of Research Data and Research, Research Report.

### **Books Recommended:**

- Garrett, H.E.: Statistics in Physiology and Education, Mumbai, VakilFeffer and Simous Pvt. Ltd.
- Guilford: J.P.: Fundamental Statistics in Psychology and Education, New York, McGraw Hill
   (Assian Students' Edition)
- Siegel, S.: Nonparametric Statistics for the Behavioural Sciences, New York, McGraw Hill
  (International Students' Edition)
- Kerlinger, F.N.: Foundations of Behavioural Research, Ind Edition, Holt Rinehart and Winston. Inc., New York. 1973.
- Edward, A.L.: Experimental Design in Physiological Research Third Edition, Amerind Publishing Co. L.d., Delhi, 1971.
- Mohsin, S.M.: Research Methods in Behavioural Sciences, Orient Longman Ltd.

Paper-V:

# Practicals/ Experiments

- 1. Incidental V/s Intentional Learning
- 2. Problem solving
- 3. Spiral Effect
- 4. Signal Detection
- 5. Verbal Learning- Intraserial
- 6. Knee jerk conditioning
- 7. Set in Thinking
- 8. S.T.M.
- 9. G.S.R.
- 10. Depth perception
- 11. Zeigarnik Effect
- 12. Effect of knowledge of Results of performance
- 13. Psycho-physical Experiments on RL and DL
- 14. Semantic Differential
- 15. Need Hierarchy by Ranking Method
- 16. Spread of Effect
- 17. Critical Flicker Fusion
- 18. Figural After Effect

# **Books Recommended:**

- Woodworth, R.S. and Schlosberg, H.: Experimental Psychology, Revised edition, Oxford and IBH Publishing Co., Kolkata, 1975.
- Postman, L. and Egan, J.P.: Experimental Psychology: An Introduction, Indian Reprint, Kalyani Publishers, Ludhiana, 1949.
- Langfield, H.S. (Ed.): Handbook of Experimental Psychology, Wiley, 1951
- Munn, N.L.: A Laboratory Manual in General Experimental Psychology, Houghton Col, Boston, 1948
- Garrett, H.E.: Great Experiments in Psychology, New York, Appleton Century Crofts.
- Spatz, C.: Laboratory Manual for Experimental Psychology, Appleton Century,
   N.Y. 1970
- Kerlinger, E.N.: Foundations of Behavioural Research, Second Edition, Holt Rinehart and Winston, Inc., New York, 1973.

M.A. /M.Sc. Final (Annual Scheme)

# Paper-I:

# Applications of Psychology

### Section-A

1. Introduction: The Trends towards Applications. Meeting Society's Needs; Making Psychology

Relevant.

- 2. Research Methods Used In Applied Settings: Designing Research, Multiple Variable Designs; Correlational Designs. Single Case and Small N Designs. Process Analysis; Critical Incident Techniques. Analysis of Results.
- 3. Psychology and Education: Role of Psychologists in School System; Measurement and Evaluation; Educational Technology, Behaviour Modifications in the Class Room.

# **Section-B**

- 4. Psychology of Counselling and Career development: Types of counseling; Uses of Psychological Tests in Counselling; Evaluating the Occupation as a way of Life; Classifications of Occupations, Career Decisions and Development.
- 5. Psychology in Industrial settings and Business Role of Industrial and Organizational Psychologists; Job Activities, Work Settings; Personnel Psychology; Organizational Development, Engineering Psychology Types of Design Decisions.
- 6. Consumer Psychology: Nature and Functions, Consumer Inputs; Information Reception; Memory Systems; Consumer Decision-making; Personal Factors.

### Section-C

- 7. Psychology in Community Settings: Clinical Psychology-Clinical Practice, Appraisal and Interventional Procedures, Community Psychology-Principles and Methods of Community Intervention, Crisis Intervention, Consultation and Mental Health Education, Health Psychology-Psychology in Medical Practices, Psychology in Health Research and Behaviour Medicine.
- 8. Environmental Psychology: Nature of Environmental Psychology, Effect of Environmental Conditions on Behaviour, Human Factors in Environmental Design.

Psychology and Law: Psychology and Judicial Process, Psychological Factors in 9. Antisocial Behaviour, Role of Psychologists in Criminal Justice System, Policy Formation and Development of Laws.

# **Books Recommended:**

- Gregory, W.L. and Burroughs, W.J.: Introduction to Applied Psychology, Illinois Scott, Foresman and Co.
- Anastasi, Anne.: Fields of Applied Psychology, International student edition (2<sup>nd</sup> ed.), Tokyo, McGraw Hill, Kotakusha, 1979.
- Korchin, S.J.: Modern Clinical Psychology, Basic Box Inc. Publishers, New York 1976.
- रस्तोगी घनश्याम दास : आधुनिक व्यवहारिक मनोविज्ञान, हरपसाद भार्गव, आगरा, 1992

# Paper-II: Social Psychology Section-A

- Theoretical Orientation Of Social Psychology, Social Psychology As A Science, 1. Application Of Social Psychology, Methods Of Social Psychology.
- Aspects Of Social Identity-Self Perception, Self Concept, Self Esteem, Functions 2. Of Self, Self And Gender, Gender Identity.
- 3. Socialization- Agents Of Socialization, Process And Outcome Of Socialization.

# Section-B

- Person Perception Meaning, Attribution Process, Importance of Non-Verbal 4. Communication, Non-Verbal Leakages, Judgment of Deception
- 5. Attitudes and Prejudices-Meaning and Theories of Attitude Change, Origin of Prejudices, Cognitive Basis of Prejudice, Techniques to Control Prejudice
- Social Influence Conformity, Nature and Characteristics of Conformity, Counter 6. Conformity and Independence, Factors Effecting Conformity, Theories of Conformity, Compliance - Meaning and Nature of Compliance, Principles of Compliance. Obedience - Basis of Obedience, Experimental Studies of Obedience.

# Section-C

Aggression and Social Violence - Theoretical Approaches to Aggression, Meaning, 7. Sources and Behaviours Related to Aggression, Aggression Management.

- 8. Inter Group Conflict Development and Persistence of Intergroup Conflict, Impact of Inter Group Conflict, Resolution of Intergroup Conflict
- 9. Personal Relationship Family Interaction and Close Relationship, Romantic Relationship, Love and Physical Intimacy, Marital Relationship, Interdependence, Self Disclosure, Intimacy, Balance of Power and Conflict, Darker Side of Relationship and Aging.

# **Books Recommended:**

- Robert A Baron, Donna Byrne Social Psychology 11<sup>th</sup> edition Pearson education.
- Shelly E. Taylor, Letia, Annepeplace. David, O Sears Social Psychology 12<sup>th</sup> edition Pearson education.
- Mohammed Suleiman Ucchatar Samaj Manovigyan, Delhi, Motilal Banarsi Das.
- Arun Kumar Singh Samaj Manovigyan Ki Rooprekha, Delhi, Motilal Banarsi Das.
- Delamater Myers Social Psychology Thompson edition.

# **Optional Papers (Two)**

**GROUP-A: CLINICAL** 

# Paper-III:

# Fundamentals of Clinical Psychology

# Section-A

- 1. Nature and Problems of Clinical Psychology: Brief History of Clinical Psychology; Current Status of Clinical Psychology. Role of Clinical Psychologist, Professional Ethics, Training Responsibilities of Clinical Psychologists, Future of Clinical Psychology.
- 2. Nature of Mental Health: Concepts of Normality and Pathology, Scott Criteria, Idealistic Conception of Mental Health, Models of Mental Health Interventions
- 3. Clinical Assessment: Nature and Purpose Informal Assessment and Clinical Relationship,

Formal Assessment - Interview, Case History, Psychological Testing: General Principles and Tests in Clinical Use.

# Section-B

4. Psychotherapies: Definitions, Differences from Counselling, Supportive, Re-Educative and Re-Constructive Psychotherapies.

- 5. Client-Centredpsycho Therapy, Logotherapy, Cognitive Therapy, Gastalt Psychotherapy.
- 6. Psycho-Analytic Psychotherapy, Hypnotherapy, Psychodrama, Group Psychotherapy and Transactional Analysis.

### Section-C

- 7. Behaviour Therapy and Behaviour Modification : Definition, Origins, Comparison of Traditional Psychotherapy and Behaviour Therapy, Assumptions.
- 8. Systematic Desensitization, Variants of Systematic Desensitization, Flooding and Implosive Therapy.
- 9. Contingency Management, Token Economy, Aversion Therapy, Modeling and Self-Control Method.

### **Books Recommended:**

- Korchin, S.J.: Modern Clinical 'Psychology Tokyo, Harper International Edition, 1976.
- Wolman: Handbook of Clinical Psychology, New York, McGraw Hill, 1965
- Kendall and Norton-ford: Modern Clinical Psychology, New York, Wiley, 1980.
- Kaplan H.I. and Sadock, B.J.: Comprehensive Text Book of Psychiatry (5<sup>th</sup> Ed.) Baltmors, Williams and Wilkins.
- Welberg, L.R.: Techniques of Psychotherapy, 1989 (4<sup>th</sup>ed.) Vol.I and II, New York, Grune and Stration 1988.
- Wope, J. and Lazarus A.: Behaviour Therapy Techniques, New York, Perganon Press, 1958.
- Rimm, D.C. and Masters, J.S.: Behaviour Therapy, New York, Academic Press, 1979.
- Wolpe, J.: The Practice of Behaviour Therapy, New York, 1969
- Patterson, C.H.: Theories of Counselling and Psychotherapy, New York, Harper and Row, 1989.

# Paper-IV: Personality Section-A

1. Nature of Personality, Basic Issues of Personality: Individual Versus Individual Differences, Heredity Versus Environment, Abnormal Vs. Normal Personality,

Unconscious, Self, Uniqueness, Gender, Situations, Culture, Self Concept, Self Identity and Self Esteem.

- Psycho-social and Cultural Determinants of Personality.
- 3. Stress, Adjustment and Health Differences, Cultural and Ethnic Differences, Gender Differences in Personality from Eight Perspectives.

# Section-B

- 4. Personality Assessment: Observational Method, Interview, Self Report Tests, Rating Scales, Q Sort Technique, Semantic Differential Technique.
- 5. Personality Inventories: MMPI, 16 PF, EPQ, Jenkin's Type-A and Type-B.
- 6. Projective Techniques: Rorschach Test, TAT, SCT, WAT and other Projective Measures.

# Section-C

- 7. Psycho Analytic Theory: Freud, Jung, Personality Theories by Adler, Horney, Fromm and Sullivan.
- Humanistic Theories: Rogers, Maslow, S.R. Theories: Dollard and Miller, Bandura's
   Reinforcement Theory.
- 9. Trait and Type Theories: Allport, Cattell, Eysenck, and McCrae and Costa.

# **Books Recommended:**

- Hall and Lindzey: Theories of Personality, John Wiley, edition).
- Friedman, H.S. and Schustack, M.W.: Personality (2006), Person Education.

Anastasi, A., Psychological Measurement and Assessment.

• The matter of Section-B may be taken from the manuals available.

#### OR

# **THESIS**

# Paper-V:

# Practical/ Testing

- 1. Differential Aptitude Test
- 2. Study of consumer Behaviour

Dy. Registrar (Academic-I) University of Rajasthan

- 3. Educational Aspirations
- 4. Study of Home Environment
- 5. Social Perception
- 6. Leadership
- 7. Attribution style
- 8. Picture Frustration Test
- 9. Assessment of Mental Health
- 10. MMPI
- 11. Crisis Intervention
- 12. Modifying Maladaptive Behaviour through any Behaviour Modification Technique
- 13. Rorschach Test
- 14. TAT
- 15. EPI
- 16. 16 PF

# GROUP-B: VOCATIONAL Paper-III:

# Guidance and Counselling

## Section-A

- 1. Meaning and Definition of Guidance, Aims and Importance of Guidance, Basic Principles of Guidance, Types of Guidance, Group Guidance.
- 2. Psychological Bases of Guidance: Intelligence, Aptitude, Interest, Personality.
- 3. Organization of Guidance Services, Follow-up Services in Guidance, Evaluation of Guidance Services.

# **Section-B**

- 4. Guidance Services in Schools: Importance, Scope and Problems, Educational and Vocational Guidance.
- 5. Techniques of Collecting Information about the Individual for Guidance and Counselling.
- 6. Sources of Occupational Information.

# Section-C

- 7. Approaches and techniques of Counselling, Expectancy and Goals of Counselling.
- 8. Characteristics of the Counselee and Counselor.
- 9. Counselling Content, Process and Behavioural Counselling.

# **Books Recommended:**

- Paterson: Theories of Counselling and Psychotherapy (Harper 1989)
- Frusten, J.M.: Psychological counselling in India, Mumbai: McMillon.
- Bordin. E.S.: Psychological Counselling, IInd Edition, McGraw Hill, 1968.

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- Ospiow, S.M. and Walshow: Behaviour Change in Counselling Readings.
- Adams. J.F.: Problems in Counselling.
- Jones. A.J.: Principle of Guidance, Sixth ed., McGraw Hill, New York, 1970
- Mayers, G.E.: Principles and Techniques of Vocational Guidance, McGraw Hill, New York.
- Humphereys, H.A. and Traxler Q.E.: Guidance Services, Science Research Associates, Chicago, 1954.
- Rao S.N.: Counselling Psychology, Tata McGraw Hill, New Delhi, 1992
- Pesricha: Guidance and Counselling in Indian Education, New Delhi, N.C.E.R.T., 1976

# Paper-IV:

# Vocational Psychology

### Section-A

- 1. Historical Antecedents of Vocational Psychology.
- 2. Psychoanalytic Concept of Career Choice; Personality and Career.
- 3. Social System and Career Choice, Choice Satisfaction and Performance of Work Roles.

# Section-B

- 4. Definition of Vocational Choice, Measures of Vocational Choice, Individual differences in Vocational Choice.
- 5. Problems in Vocational Choice: Indecision in Vocational Choices, Unrealism in Vocational Choice, Vocational Choice as a Developmental Process, Stages in Development of Vocational Choice.
- 6. Vocational Adjustment: Vocational Adjustment in Relation to General Adjustment.

# Section-C

- 7. Ginzber's Theory and its Limitations; Elements or Adequate Theory of Vocational Development Propounded by Super, Super's Theory.
- 8. Holland's Vocational Choice Theory, Roe's Theory: Early Determinants of Vocational Choice.
- 9. Vocational Development: Staffers' Ten Propositions in Search of a Theory, Delarley and Hagennah's Theory.

# **Books Recommended:**

- Brites, J.D.: Vocational Psychology: A study of Vocational Behaviour and Development, McGraw Hiss Book Co., New York, 1968.
- Gsipow: Theories of Career Development N.Y. Appleton Century, 1968
- Hopson, B. and Hayes J.: The Theory and Practice of Vocational Guidance.
- Vroora, Y.H.: Work and Motivation, New Delhi, E. Willey Eastern Ltd., 1978.

#### OR THESIS

# Paper-V:

# Practical/ Testing

### Section-A

- 1. Differential Aptitude Test
- 2. Study of Consumer Behaviour
- 3. Educational Aspirations
- 4. Study of Home Environment
- 5. Social Perception
- 6. Leadership
- 7. Attribution Style
- 8. Picture Frustration Test

#### Section-B

- 9. Interview Schedule
- 10. Study Habit Testing
- 11. Clerical Aptitude Testing
- 12. Scientific Aptitude Test
- 13. Work Motivation Test
- 14. Job Involvement Test
- Job Satisfaction Test
- Work Aptitude Test.

# **GROUP-C:**

### INDUSTRIAL

# Paper-III:

# Industrial Psychology

#### Section-A

- The role of psychologist in industry, The Field of Occupational Psychology: Study 1. of Behaviour in work situation and Applications of Psychological Principles to Problems of Selection, Placement, Counselling and Training.
- 2. Design of Work Environment:
  - Human Engineering and Physical Environment Techniques of Job Analysis (1)
  - Social Environment-Group Dynamics in Industry **(2)**
- Personnel Psychology: Selection, Training, Placement, Promotion, Counselling, Job 3. Motivation.

#### Section-B

- Special Study of Problem of Fatigue, Boredom and Accidents. 4.
- 5. Consumer Behaviour, Study of Consumer Preferences, Effects of Advertising
- 6. Industrial Morale.
- The Nature and Scope of Engineering Psychology, its Application to Industry. 7.

# Section-C

- Efficiency at Work: The Concept of Efficiency, Work Curve, its Characteristics. 8.
  - Work Methods; Hours of Work, Nature of Work, Fatigue and Boredom, Rest (a) **Pauses**
  - Personal Factors; Age Abilities, Interest, Job-satisfaction. (b)
  - Working Environment: Noise, Illumination, Atmospheric Conditions. (c)
- 9. Increasing Efficiency at Work; Improving the Work Methods:
  - Time and Motion Study, its Contribution and Failure, Resistance to Time (a) and Motion Studies, Need for Allowance in Time and Motion Study.
  - Work and Equipment Design: Criteria in Evaluation of Job-related Factors, (b) Job Design, Human Factors, Engineering Information, Input Processes, Mediation Processes, Action Processes, Methods, Design, Work Space and Arrangement, Human Factors in Job Design.
- Accident and Safety: Human and Economic Costs of Accidents, Accident Record 10. and Statistics, Causes of Accidents, Situational and Individual Factors related to Accident Reduction.

# **Books Recommended:**

- Tiffin J. and McCormic E.J.: Industrial Psychology, (Prentice Hall), 6<sup>th</sup>Edn., 1975.
- McCormick E.J.: Human Factors Engineering and Design (McGraw Hill), 4<sup>th</sup>Edn.,
   1976.
- Mair, N.R.F.: Principles of Human Relations
- Glimer: Industrial Psychology
- Ghiselli and Brown: Personnel and Industrial Psychology.
- Dunnette, M.D.: Handbook of Industrial and Organizational Psychology.
- Blum and Taylor: Industrial Psychology.

# Paper-IV: Organizational Psychology Section-A

- 1. Introduction: Roots of Organizational Psychology, Multidisciplinary Approach, Theories: Classical, Neoclassical and Modern, Theory X, Theory Y, Theory Z.
- 2. Organizational Structure: Horizontal and Vertical Systems Approach, Groups, Types, Job Design.
- 3. Communication in Organizations : Process, Models, Networks, Interpersonal, Intergroup and Intergroup Communications, Effective Communication Management, Informal Communication.

# Section-B

- 4. Decision-Making Process: Types, Characteristics, Organizational Decision-Making System, Techniques for Improving Decision-Making, Behavioural Implications.
- 5. Leadership: Researches: Classical and Modern, Power and Authority, Supervision and Participating Management; Effective Leader Behaviour.
- 6. Organizational Culture and Climate: Concept, Measurement, Practical Applications of the Concept.
- 7. Work Motivation and Performance: Need Theories, Models of Work Motivation, Managerial Motivation.

# Section-C

- 8. Organization Development: Organizational Change Processes, Approaches and Techniques, Transactional Analysis.
- 9. Organizational Conflict : Conflict and its Measurement, Organizational Analysis, Diagnostic

Approaches, Consultant's Role, Resolution Strategies.

10. Organizational Stress: Stressors, Reactions to Stress, Stress Management.

# **Books Recommended:**

- Robbins: Organizational Behaviour.
- Schein, Edgar H.: Organizational Psychology, Prentice Hall of India, N.D., 1990
- Luthansm F.: Organizational Behaviour, N.Y. McGraw Hill, 1987.
- Pareek, U. and Rao, T.V.: Behavioural Process in Organizations, N.D., and Oxford, 1981

#### OR THESIS

# Paper-V:

# Practical/Testing

# Section-A

- 1. Differential Aptitude Test
- 2. Study of Consumer Behaviour
- 3. Educational Aspirations
- 4. Home Environment
- 5. Social Perception
- 6. Leadership
- 7. Attribution Style
- 8. Picture Frustration Test

#### Section-B

- 9. Study of Fatigue
- 10. Work Motivation Test
- 11. Job Satisfaction Test
- 12. Study of Employee Morale
- 13. Organizational Climate
- 14. Study of Needs (n-ach, n-power, n-aff), through TAT
- 15. Measurement of Occupational Stress
- 16. Interpersonal Trust Scale

# GROUP-D: ENVIRONMENTAL

# Paper-III: Ecological Psychology Section-A

- Introduction: Issues of Ecological Psychology, Models of Men-Environment Relations.
- 2. Ecological Factors and Ethological Observations; Problems in Comparing Effects of Environmental Changes in Different Age Levels.
- 3. Cognitive Development: Spatial Representations, Architectural Design and Behaviour Protection of Environment.

- 4. Child Development and Environment: Changes in response to Crowding and Congestion, Environment Fit for Developing Child, Thinking of Child in Additional Environment.
- 5. Home Environment: Mother and Infant Communication System, Effect of Socio-Economic Conditions of Family.
- 6. Adverse Social Environment: Effect on early Child Development, Causes of Psychiatric Disorders due to Ecological Factors.

# Section-C

- 7. The Ecological Perspectives in Cross-Cultural Psychology, Relevance of Cross-Cultural Psychology in Ecological Perspectives.
- 8. Personal Space and Territoriality: Situational and individual Determinants of Personal Space; Consequences of Size and Space, Consequences of Invasion of Space.
- 9. Environmental Stress: Effect of Technology, Noise; Pollution, Crowding in Urban Ecology.

# **Books Recommended:**

- McGurk, Harry (Ed.): Ecological Factors in Human Development, North Holland Publishing Company, Amsterdam, Oxford, 1978.
- Krasner, L. (Ed.): Environmental Design and Human Behaviour, Pergamon, Human Press, N.Y., 1980.
- Evans, G.W.: Environmental Stress, Cambridge Press, 1982.
- Fisher, J.D. et al: Environmental Psychology, N.Y., W.B. Saunders Col, 1978.
- Faul, A. et al: Environmental Psychology, N.Y., W.B. Saunders Co. 1978.

# Paper-IV: Population Psychology Section-A

- 1. Introduction: Nature and Scope of Population Psychology, Concern for Population Explosion, Models of Population Explosion.
- 2. Impact of Population Growth, Role of Social and Behavioural Scientists in Population Control, Hindrances in Population Control.
- 3. Effects of Population Density, Ethological and Psychological View Points.

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- 4. Psychology of Deprivation: Effects on Health, Food Supply, Employment, Housing, Migration, Urban Stress.
- Indicators of Fertility Cultural, Psychological, Economic and Geographical Factors.
- 6. Indicators of Morality: Life Expectancy, Factors of Morality.

# Section-C

- 7. Population Planning: Inbreeding Imbalances, Ecological Factors in Promoting Population Control, Family Planning and Population Control, Motivation to Birth Control and Education for Population Control.
- 8. Population Growth and Quality of Life: Notions of Q.O.L., Correlates of Q.O.L., Productivity and Q.O.L. Effects of Population Growth on Q.O.L.
- 9. Community Health System: Determinants Of Community Health and Societal Well-Being, Community Health in Industrial, Rural and Urban Settings, Influence of Social Support Systems on Well-Being, Methods to Enhance Psychological Well-Being.

# **Books Recommended:**

- Reid, S.I. and Lyon, D.L.: Population Crisis: Interdisciplinary Perspective, Illinois, Scott. Foreman, 1972
- Agarwal, N.: India's Population Problems (3<sup>rd</sup> ed.), New Delhi: Tata McGraw Hill, 1985
- Rao, T.V.: "Psychology of Population and Family Planning," in UdaiPareek's (Ed) 'Survey of Research in Psychology', Vol, 2, Mumbai; Popular Parkashan, 1981.

#### **THESIS**

# Paper-V: Practical/Testing Section-A

- 1. Differential Aptitude Test
- 2. Study of Consumer Behaviour
- 3. Educational Aspirations
- 4. Home Environment
- 5. Social Perception
- 6. Leadership
- 7. Attribution style
- 8. Picture Frustration Test

- 9. Child Cognition Study
- 10. Parent Child Relation
- 11. Effects of crowding
- 12. Noise Sensitivity Scale
- 13. Attitudes toward Family Planning
- 14. Emotional Problems Following Family Planning Methods
- 15. Assessment of Life Satisfaction
- 16. Modernization Attitude Scale.

Rj / Van